

Design Type: Manifestor



A Manifestor has a defined throat center connected to at least one of these three motors; solar plexus, root, and heart by continuous definition and the sacral center is undefined. Manifestors are 8% of the population and are held up as the standard to all other types.

You are a Manifestor, a pure energy being. You are the one energy type on this planet that is here to initiate action and to, in Nike's words, just do it! You have the capacity to act immediately without waiting and are independent, unpredictable and even uncontrollable at times. You are an independent doer.

However, because the outside world can be uncomfortable with independence and unpredictability, others may try to control you and you can meet resistance to your energy and power. If this has been your conditioning, it may have created anger in you and maybe even repressed your power, making you reluctant to initiate and be who you are. You end up waiting for others to initiate you, and this is not authentic for you.

Your path of least resistance is your strategy, and by strategy we mean a way of behaving that eliminates this resistance and supports your process of becoming yourself. You can get into a manifesting flow and to have that flow interrupted makes you very angry. To have to stop what you are doing and explain yourself, interrupts your power and this is uncomfortable for you. Inform and ask to be informed. This is where you find your power and flow. Allowing others to prepare for the impact of your energy and powerful manifesting flow creates ease for you and gives those around you the opportunity to support your actions.

Because you have this initiating capacity and ability to take action, others want to put you in charge and expect you to get things done. You don't like being controlled and you don't like being told what to do. You are not here to respond to what others ask you to do. You are here to initiate and impact the world. Without a sacral center, you have no generating capacity. You are not here to sustain work. Be careful as you can be conditioned to work twice as hard as the Generators (the workers). This can be unhealthy for you.

So, honor your strategy. It's okay to be you, in all of your manifesting power. Simply show concern for others and inform. When you inform the world around you, the world will stand in support of you. You will receive the respect and cooperation you desire. And, you will eliminate the anger and resistance from your life.