

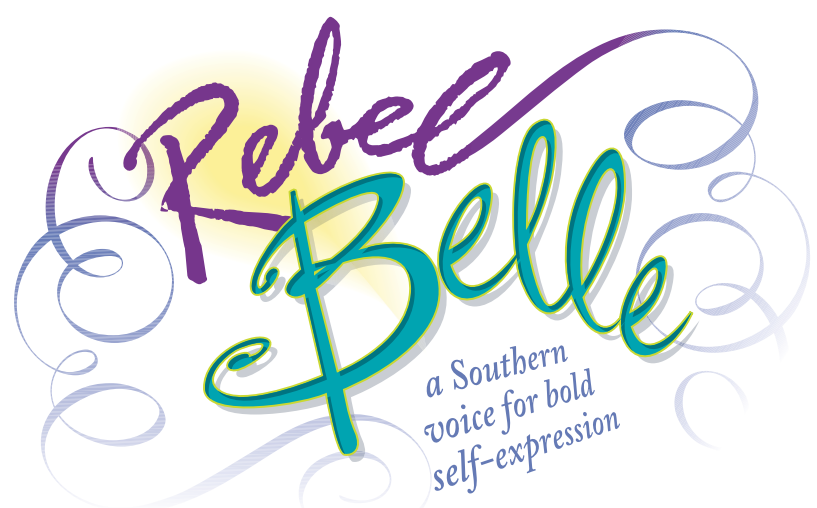
# Testimonials

YOUR UPLIFTING ENERGY AND LIGHT IS CONTAGIOUS. YOU HAVE AN INCREDIBLE SENSE OF HUMOR ALONG WITH IMMENSE AMOUNT OF PATIENCE.

CLICK HERE FOR MORE!

TUCK IS A SEEKER... OF KNOWLEDGE, TRUTH, EXPERIENCE AND AUTHENTICITY.

WHAT A JUICY SHOT IN THE ARM TO KEEP PLAYING, DREAMING...



## About Tuck Self, The Rebel Belle

I am Tuck Self, a self-proclaimed "personal growth enthusiast" with a passion for squeezing as much juice and joy out of this journey as I can. As a southern woman, I was raised to do what is "appropriate" and to make everyone around me as comfortable as possible, even at the expense of my own happiness. My journey has been one of finding and reclaiming my voice and boldly expressing that to the world, without fear and on my terms.

How did I do this? I have studied, mentored with and applied the tools and techniques of industry leaders, including Dr. Carol McCall, Bob Proctor, Loral Langemeier and many more. I am a trained Life Development Coach in Communication and Listening, Certified Natural Law Coach, Master Fitness by Phone Coach, Human Design Specialist and Consultant, and Intuitive Eating Coach. I'm ready to rock your world!

I am excited to share with you [Carpe BellePower](#) and [THE Freedom Tool](#), my personal products and services that show you how to build a solid foundation of trust and alignment with your personal power. My programs include tools, strategies, exercises, techniques and a proven system for owning your power.

With the Rebel Belle as your guide, you can boldly express your voice in the world, embracing freedom and joy full out and on your terms. What a way to live... you want join me?

### Site Features

- [Rebel Belle Blog](#)
- [Podcast](#)
- [Rebel Belle Yell!](#) Newsletter
- Belles with Balls Column
- Pass It On "Tuckisms"
- Program & Product Info

### Available For

- Personal & Group Coaching
- Workshops & Teleclasses
- Articles & Interviews
- Human Design Consultation
- Family Constellations Work
- Public Speaking

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